

VERNON RIVER CONSOLIDATED SCHOOL
Parent Newsletter #11
Monday, January 22nd, 2018
www.edu.pe.ca/vrcs



David Wood, Principal

Sandra Walker, Vice-Principal

Gymnastics:

There will be gymnastics practice after school Monday and Wednesday this week, from 3-4pm, for interested students in grades 3 to 9.

The Zone Gymnastics Meet will be held on Monday, February 5th at Montague Consolidated School. Students who are participating at this meet will receive a Public Schools Branch "Release-Specific Activities" form to be completed by parents and returned to Mr. Roche.

Home and School Meeting:

Reminder of the Home and School meeting on Thursday, January 25th at 7:00pm.

Student of the Month

Assembly for January:

Student of the month assembly for January will be held on Friday, January 26th at 2:15pm.

"Sports Theme Day":

Friday, January 26th will be "Sports Theme Day". Wear your favorite sports theme attire and make a donation to the grade 9 class for their end of year activities. Any donation you can make to this grade 9 fundraiser would be greatly appreciated - thank you!

No Classes:

Parents are reminded there will be no classes on the following days:

Wednesday, January 31st – End of Semester Administration/
School Goals Day

Friday, February 16th – Joint Staff Day

Monday, February 19th –
Islander Day

Grade 9 Graduation

Photos:

Grade 9 graduation photos will be taken on Wednesday, February 14th (morning).



Triple P Parenting

Sessions:

The Student Well-being Team will be offering Triple P Parenting sessions in partnership with their local family resource centre. Sessions will be held at Families First Resource Center, Brook Street, Montague and are open to all parents/guardians of children 0-12 years of age. Childcare will be provided.

Parents can register for one or as many sessions as they are interested in attending by calling Families First at 838-4600 or signing up through their Facebook page.

Seminar Dates:

Monday, January 29th
6-7:30 pm
Power of Positive Parenting

Monday, February 5th
6-7:30 pm
Raising Confident, Competent Children

Monday, February 12th
6-7:30 pm
Raising Resilient Children

Discussion Group Series:

Thursday, March 15th
1-3 pm
Dealing with Disobedience

Thursday, March 22nd
1-3 pm
Managing Fighting & Aggression

Thursday, April 5th
1-3 pm
Developing Good Bedtime Routines

Thursday, April 12th
1-3 pm
Hassle Free Shopping with Children

