

School Therapy Occupational Therapy (OT) Program

Hi everyone! I would like to introduce myself as the OT with the School Therapy, Occupational Therapy (OT) Program. My name is Shianna Cormier and I am the OT for the Montague Family of Schools. I am very much looking forward to working at your child's school for the 2021-2022 school year. I will be at Vernon River Consolidated every other Day 2 beginning September 8th, 2021.

While at Vernon River Consolidated my main focus will be to work together to support students in their elementary school years (e.g., kindergarten to grade 6). I am, however, available to consult with students in their junior high school years if it is determined by the school and yourself, as parent/guardian, that an OT referral is needed.

The focus of the School Therapy OT program is to work together with classroom teachers, school staff and parents /guardians to support children's motor and sensory development in order to assist children in: achieving their learning goals; successfully participating in school and most importantly feeling good about themselves and school! To do this, I will be spending time in: classrooms, small group settings, gym, music and library classes as well as on the playground. Throughout the day, I will be offering guidance, suggestions and tips.

Occupational Therapists (OTs) work with children of all ages and know a lot about children's development in the areas of:

- **Fine motor and visual motor skills** (e.g., support: printing, drawing, cutting, keyboarding, completing fasteners, tying shoelaces, using a lock, etc.).
- **Gross motor skills** (e.g., support: moving safely within the school, participating in Phys Ed, recess, etc.).
- **Sensory processing** (e.g., being comfortable with sounds, lightening, smells, texture/touch, and movement, etc. that we encounter during our day).
- **Environmental set-up** (e.g., ensuring the environment works to meet everyone's needs from seating to wheelchair accessibility, etc.).

Please feel free to contact me or the school if you have any questions about the School Therapy OT Program. I can be contacted at the school on every other Day 2 or at smcormier@ihis.org and (902) 218-8029. I look forward to a wonderful school year working together with school staff, students and you as parents/guardians!

Shianna Cormier, OT Reg.(PEI)
Occupational Therapist, School Therapy OT Program