Family Violence Prevention Week  
February 11-17 | 2018

Activities for Families

Everything has a role to play in ending violence in our communities. Here are six ideas for families to get involved in Family Violence Prevention Week:

1. **Read with your children:** Read books with young children that show ways people can spread kindness, peace, and love throughout their communities. Some good examples are:
   - *What is Peace?* by Wallace Edwards
   - *Hand in Hand* by Rosemary Wells
   - *Can You Say Peace?* by Karen Katz
   These books are available through the PEI Provincial Library Service. Be sure to check your local library for new selections for Family Violence Prevention Week 2018.

2. **Talk and create together:** Read *Sparkle Boy* by Leslea Newman and talk with your children about the assumptions we make about the differences between boys and girls. Using the book as inspiration, work together to draw a favourite piece of clothing and discuss why it feels good to wear.

3. **Listen** to and talk about the song *These Hands* by Dave Gunning and George Canyon. The song has also been turned into a book illustrated by Meagan Smith. The book and the song teach children that each of us can be a hero to other people.

4. **Wear purple** on February 14th to support family violence prevention in PEI.

5. **Plan a family project to raise money or provide supplies** to an emergency shelter or service provider that supports victims of family violence.

6. **Educate yourself:** Learn about family violence, its effects on children and youth and what you can do as a neighbour, co-worker, family member or friend. Learn more at stopfamilyviolence.pe.ca/friends.

*Peace Begins at Home. Thank you to all children, youth, families and groups who are committed to peace in our homes and Island communities!*

By the PEI Premier’s Action Committee on Family Violence Prevention  
http://stopfamilyviolence.pe.ca