

# Stonepark Intermediate School Menu

2017-2018

## Price list

	Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meals Week 1</b>	September 11-15 September 25 – 29 October 9 – 13 October 23 – 27 November 6 – 10 November 20 -24 December 4 – 8 December 18 -22 January 15 – 19 January 29 – Feb. 2 February 12 – 16 February 26 – March 2	Sweet and Sour Meatballs. Served with Rice and Corn	Soft spicy Chicken Taco Served with Mexican rice	Pasta Bake, Served with Caesar Salad and Garlic Bread Stick	Teriyaki Chicken, Served with Rice and Hot Vegetables	Spaghetti with Jumbo Turkey Meatball and sauce. Served with side Caesar Salad
	<b>Meals Week 2</b>	September 18-22 October 2 – 6 October 16-20 Oct. 30 – Nov. 3 November 13 – 17 November 27 – Dec 1 December 11 – 15 January 8 – 12 January 22 – 26 February 5 – 9 February 19 – 23 March 5 - 9	Chicken Tater Bowl (Mashed potato with chicken, Veggies and Gravy in a bowl)	Soft Beef Taco Served with Mexican Rice and Corn	Lasagna, served with Caesar Salad and Garlic Breadstick	Pulled Pork on a bun. Served with Baked Potato and Hot Vegetables
<b>Every Day Favorites!</b> Pizza Slice \$3.50, Grilled Cheese \$3.00, Home made Hamburgers \$3.00, Whole Fruit Slush Cups \$1.50						
<b>Every Week</b>	<b>Daily Combo \$5.00</b>	Burger Express Served with Side Caesar Salad	Taco Baked Potato with Side Garden Salad and 200ml Juice	3 Cheese pizza Slice, served with Caesar Salad and ICEE Juice cup	Baked Chicken Nuggets with Baked Potato Wedges and 200ml Juice	Garlic Wedge with Side Salad and ICEE Juice Cup
	<b>Soup/Salad/Sandwich/Wrap Combo \$4.50</b>	½ BLT Wrap with Dill Pickle Pasta Salad	Egg Salad Sandwich with Home made soup of the day	½ Ham and Cheddar Wrap with Side Pasta Salad	½ Turkey and Cheddar Wrap with Home Made Soup of the Day	Chicken Salad Sandwich with Home made Soup of the Day

<b>Daily Meal</b>	<b>\$5.25</b>
<b>Sandwiches (Pre order)</b>	
Egg Salad Sandwich	\$3.25
Chicken Sandwich	\$3.50
Ham & Cheese Sandwich	\$3.50
6" Turkey Sub	\$4.25
6" Ham or Deli Sub	\$3.75
Chicken Snack Wrap	\$3.25
Sandwich Wraps	\$3.50-\$5.00
<b>Drinks (Daily):</b>	
White Milk 250ml/500ml	\$0.50/\$0.80
Chocolate Milk 250ml/500ml	\$1.35/\$2.25
Juice 200ml/340ml	\$1.25/\$1.75
Water 500ml/591ml	\$1.50/\$2.00
<b>Salads:</b>	
Caesar Salad	\$3.25
Garden Salad	\$3.25
Pasta Salad	\$3.50
<b>One item a day assortment:</b>	
7" Garlic Fingers w. Sauce	\$4.25
Chicken Parmesan Wrap	\$4.50
Chicken Burger /WW Bun	\$4.00
4oz Chicken Fingers w/Dip	\$4.50
Small Baked Fries/Wedges	\$2.75
<b>Snacks assortment:</b>	
Veggie sticks w. Dip	\$1.50
Fruit Kebob	\$2.50
Low Fat Cookie	\$0.75
Breadsticks	\$1.50
Cinnamon Bun	\$0.80
Rice Krispy Square	\$1.50
Reduced Fat Banana Loaf	\$1.00
Small Low Fat Muffins	\$1.25
Yogurt 100g	\$2.00
Fruit Cup (3oz)	\$2.00
Yogurt and Berry Cup	\$1.75
Pudding Cup (180ml)	\$2.25
Fruit Smoothie (8oz)	\$1.50
Frozen Yogurt cup (115ml)	
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