

# Montague Intermediate School

Volume 16, Issue 6

Parent Newsletter

January 30, 2019

## Important Dates

### February

4-8	MIS Winter Carnival
7	School Dance
18	Statutory Holiday: Islander Day (No Classes)
25	Professional Learning Day East (No Classes)

### March

7-8	Parent-Teacher Interviews – Report Cards
18-22	March Break

## NO SCHOOL

There are no classes for students on the following dates:

February 18	Islander Day
February 25	Professional
March 8	Parent-Teacher Interviews
March 18-22	March Break

## Student Council News

### Winter Carnival – February 4-8

Each day that students dress up, they will receive a ballot for participating and a chance to win pizza from *Famous Peppers*. Ballots will be turned into the office and a draw will take place before Noon hour to decide the daily winners.

**Monday – Spirit Day** – Show your school spirit by wearing our school colors (Blue, white and gold) or MIS team uniforms!

**Tuesday-Twin Day** – Start planning now with your “twin”. Plan to dress like twins--same hairdo, clothes, and outfit. Use your imagination!

**Wednesday-Neon/ 80's / Crazy Hair Day** – Just a crazy day! Wear your brightest colors or some old school clothing and the craziest hair you can do!

**Thursday-Sport Jersey Day** - Is there any better day???? Wear your favorite jersey for any sport all day. In the afternoon, we will be heading up to the rink for a teacher vs student hockey game.

**Friday-Pajama Day** – What a better way to end the week but in your comfy clothes. Also, during reading period and A Block, we will be gathering in the gym for a pancake breakfast to end Winter Carnival.

### School Dance

Our next school dance will be on Thursday, February 7 in our gymnasium from 7:00-9:15 for Grade 7 and 8 students and from 7:00-9:30 for grade 9 students. The theme is “Red/White/Pink”. Students are reminded they must be in attendance for the whole day, with the exception of medical appointments, in order to attend the dance and that the MIS School Dress Code remains in effect for all school activities. The cost of the dance is \$4 plus a donation to the Montague Food Bank.

### Parent Council Meeting

A Parent Council Meeting will be held on Tuesday, February 5th at 5:30pm. Juliana Barry, a Comprehensive School Health Nurse with the Student Wellbeing Team, will be attending this meeting to discuss the services offered by the team.

### Grade Nine Assembly

Grade nine students will be choosing their grade ten courses in March. On Thursday, March 7th, our grade nine students and homeroom teachers will walk to MRHS for an assembly regarding course registration and a tour of the building. Please make sure your child wears appropriate footwear for the walk to and from the high school.

### Grade Nine Parent Information Meeting

Parents of students entering grade 10 in September are invited to attend an information meeting on Thursday, February 28th, at 6:30pm in the MRHS cafeteria.

### Grade Eight Travel Cheese Fundraiser

Reminder that all order forms and money are to be returned to homeroom teacher by February 15.

### Yearbook

Don't miss out on this years yearbook! They are selling fast and there is only a limited supply. You can purchase online with the following link:

[https://www.jostens.com/apps/store/productBrowse/2549713/Montague-Intermediate-School/2019-Yearbook/20181005041816870114/CATALOG\\_SHOP/](https://www.jostens.com/apps/store/productBrowse/2549713/Montague-Intermediate-School/2019-Yearbook/20181005041816870114/CATALOG_SHOP/)

You can also reserve a copy by giving Mr. Whelan a deposit.

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## CMHA's Signals of Suicide Program Presented to Grade 9 Students

The Canadian Mental Health Association (CMHA) will be presenting the youth suicide awareness and prevention program entitled, 'Signals of Suicide' (SOS) to Grade 9 students during the week of February 12-14.

Using interactive discussions and a short video, the 80 minute program safely explores the topic of suicide with youth, outlining warning signs for suicide and ways to seek help for themselves and their peers when they are in distress or crisis. This program is offered to all Grade 9 students across PEI and is part of the Grade 8-9 Health Curriculum.

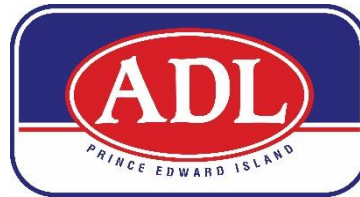
Pat Doyle, CMHA's Suicide Prevention Coordinator, is a trained facilitator and will facilitate the program with students. If you have questions or would like more information about the SOS program, please contact your School Counsellor or Ms. Doyle at [suicideprevention@cmha.pe.ca](mailto:suicideprevention@cmha.pe.ca)

To find out more about CMHA's programs and services, visit their website at [www.pei.cmha.ca](http://www.pei.cmha.ca)

## YOGA

FREE YOGA ON TUESDAYS FROM 3:20-4:20 AT MRHS.  
THE PROGRAM RUNS FOR 6 WEEKS.  
AVAILABLE TO INTERMEDIATE AND SENIOR STUDENTS!  
STUDENTS CAN TAKE THE BUS FROM MIS TO MRHS TO GET THERE IN TIME!

## PEI CRIME STOPPERS 2019 ANTI-BULLYING CONTEST



**Sponsors** - Amalgamated Dairies Ltd (ADL) and Charlottetown Islanders Hockey Club

**Eligibility** - Contest is open to all Secondary and High school age students in PEI. (7-12)

**Contest details @ [www.peicrimestoppers.com](http://www.peicrimestoppers.com)**

This year our contest will focus on the Pink Shirt Campaign. We are asking students to promote awareness, understanding and openness about the problem of bullying and to commit to standing up against bullying. **Students who wish to compete should submit a design for the 2020 PEI Pink Shirt.** The design should:

- Reflect an anti-bullying message
- Be in PDF or JPG format.
- Be submitted electronically to: [coordinator@peicrimestoppers.com](mailto:coordinator@peicrimestoppers.com)
- The design must be one colour only.
- Team entries are permitted with a maximum of 2 persons per team.

**Deadlines** - All entries must be received by PEI Crime Stoppers ([coordinator@peicrimestoppers.com](mailto:coordinator@peicrimestoppers.com)) by February 16, 2019 All entries must include a completed registration sheet.