



School Therapy Occupational Therapy (OT) Program

Hi everyone! I would like to introduce myself and the School Therapy Occupational Therapy (OT) Program. My name is Nicole MacLauchlan and I am the OT for the Bluefield family of schools. I am very excited to be working at your child's school for the 2020-2021 school year. I will be at Englewood every second Day 6 beginning Thursday October 1st 2020.

Occupational Therapists work with children of all ages and know a lot about children's development in the areas of:

- fine motor (i.e., small muscle coordination)
- gross motor (i.e., large muscle coordination)
- visual motor (i.e., eye and hand coordination)
- sensory processing (i.e., how we respond to sensory information in our environment)
- environmental set-up (i.e., ensuring the environment works to meet everyone's needs from seating to wheelchair accessibility, etc.).

The focus of the School Therapy OT program will be to work together with classroom teachers and school staff to support children's motor and sensory development in order to assist children in: achieving their learning goals; successfully participating in school and most importantly feeling good about school! To do this, I will be spending time in: classrooms; gym, music and library classes, on the playground and in small group settings. Throughout the day, I will be offering guidance, suggestions and tips.

Feel free to contact the school or myself if you have any questions about the School Therapy OT Program. I can be contacted at the school every second Day 6 (starting October 1st) or at cnmaclauchlan@ihis.org or 1-902-213-4715. I look forward to a wonderful school year working together with school staff, students and you as parents/guardians!

Nicole MacLauchlan, OT Reg.(PEI)
Occupational Therapist, School Therapy OT Program