6 More Weeks of Winter!

Whether the groundhog saw his shadow or not, it is still winter and parents are reminded to make sure that their child is dressed appropriately for the weather.

Teachers had a very informative School Effectiveness Day on January 31st.

Our Winter Fun Week is coming up the week of February 10-14. There are a variety of activities planned for that week.

All parents of Grade K-3 students are invited to the Math Presentation on Thursday evening, February 6th at 7pm. Kim Redmond and Bev Coles, two Numeracy Consultants from the School Board will be here to share ways to support your child with Math at home. They will also share many helpful tips and strategies for parents. This is a wonderful opportunity for parents to assist their child’s learning.

Have a great two weeks everyone!

Noreen Lisi, Principal

“All kids are gifted. Some just open their packages earlier than others.”

~ Michael Carr ~

Pancake Breakfast! Help Wanted!

Home and School are looking for volunteers to help prepare and serve pancakes on Tuesday, Feb. 12th. They are also looking for donations of pancake mix (where you just add water), pancake syrup, and grills to cook the pancakes on. If you can help out with any of these items, please contact Twila Palmer at 583-2087. Pancake mix and syrup can be dropped off at the School.

Math Presentation for Parents of Grades K-3

Please circle February 6th at 7:00 p.m. on your calendar! On this evening there will be a Math Presentation at Cardigan School put on by two Numeracy Consultants from the English Language School Board – Kim Redmond and Bev Coles. In their presentation, they will share ways for you to support your child with Math at home, and share with you many tips and strategies that will be helpful for you to assist your child with Math. Last year’s presentation by these two coaches was ranked very high by those parents in attendance. It was held in May last year and it was felt it would be very useful for parents to have it presented earlier in the school year. A sign-up sheet was sent home last week (green). It is still not too late to sign up - please plan on attending.

Winter Fun Week

The week of February 10 – 14th is Winter Fun Week at Cardigan School. Events taking place during the week are as follows:

Feb. 10th: Bingo
Feb. 11th: Pancake Breakfast
Feb. 12th: Pajama Day
Feb. 13th: Crazy Hat Day
Feb. 14th: Red & White Day

Islander Day, February 17th
No Classes

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January GOTCHA’S!

Congratulations to the following students who were spotted during the month of January performing an act of kindness or being a pleasant person. Those students are: Halle Stewart, Carson Johnston, Pearce Garnhum, Emma Blaisdell, Shelby MacDonald, Sophia MacEachern, Sarah Blackett, Maddox Cahill-Robertson, Mason Norton, Dylan Greencorn, Allie Palmer, Drew MacLean, Ava Hayward and Keir Sheppard.

Flu Season Reminder

Just in case you missed it first time around, we are reprinting this information on the flu as we are in that season. It is important to remember: Clean hands can prevent the spread of flu and other respiratory-tract infections. Any staff member or student exhibiting a form of gastrointestinal illness (symptoms may include: diarrhea, nausea, abdominal cramps, vomiting) is **encouraged to remain at home until 48 hours after becoming symptom free.** A good hand-washing takes at least 20 seconds. The real cleansing is done by the friction and force of rubbing your hands together, along with the soap. The temperature of the water doesn’t really matter, as it takes 160 degrees to kill bacteria, which would be fine except water that hot would also give you third-degree burns. But warm water does make it more likely you’ll spend the necessary 10 seconds scrubbing under vigorously flowing water, then another 10 seconds of vigorous rubbing with a towel. The friction takes the microbes off your skin. Let’s try to keep that flu away.

Free Throw Winners

Following are the winners of the Knights of Columbus Free Throw Competition held at Cardigan School last week.

Age 10: Keir Sheppard and Sarah MacEachern
Age 11: Sophia MacEachern and Nathan Fitzpatrick
Age 12: Joel MacEachern

Numeracy Tips

Children need lots of experiences in making counting, drawing and talking about numbers. Make connections for your child by explaining how numbers and counting are a part of everyday life. The activities below will help your child develop these skills.

**Playing Shop**

Collect food and grocery items and label them with prices written on sticky notes or prices cut out of shopping catalogues.

A. Talk about how we pay for items using notes and coins
B. Make paper money or use play money to buy and sell goods from the shop.
C. Order the food items by height (tallest to the shortest) or by cost (least expensive to most expensive).
D. Introduce kitchen scales to the shop to weigh some foods such as a box of tea bags or a bag of rice and order items by weight.

**Playing Games**

A. Play I Spy or other games to identify shapes, numbers and patterns.
B. Dice are a great addition to any toy collection. Roll the dice and say, make or write the numbers identified. Roll the dice and add the numbers together to find the total.
C. Play number games online with your child. Visit www.abc.net.au/countusin

**Making Patterns**

Recognizing and making patterns are important math skills for exploring numbers, shapes and symmetry.

A. Identify and explain visual patterns on clothing, wrapping paper, cards and furniture.
B. Use coloured pegs, blocks, beads or cutlery to begin a pattern for your child to continue. i.e. red, blue,white,red,blue,white
C. Encourage your child to draw, create and describe their own patterns. Use them for borders or greeting cards or on material.

**Winter Fun Week February 10 – 14th**

**Free Milk Day**

All students will receive a free 250 ml carton of milk (white or chocolate) with their pancakes on **Tuesday, February 11th**. This is thanks to the School Milk Program.
**After School Sports Clubs**

**Basketball Club/X-Country Ski Club/Badminton Club**

- **Basketball Club** has been enjoying a lot of great games but will be wrapping up for another year with the last day on Thursday, February 13th. However, the After-School --

- **Cross Country Ski Club** has still to get in one ski day! If it isn’t extreme cold, then it is rain or icy conditions that have been causing Ski Club to be cancelled. After-School

- **Badminton Club** will begin on **Tuesday, February 18th**. As with all after school sports, to participate students will need a note to stay after school and will **NOT be permitted to call home to get permission**. They will also need the **blue high risk form signed and returned to their teacher** before they can take part.

- Basketball is open to students from **Grade 4-6** and will run from 2:10 to 3:10 p.m.
- **Basketball Club** will take place on the following dates: **February 6, February 13th**.
- Ski Club is open to students from **Grade 3-6** and will run from 2:10 to 3:10 p.m.
- Ski Club will take place on **February 4th, February 5th, February 11th and February 12th** (that is if weather conditions oblige).

**Music Happenings…**

The following students were selected from Cardigan School to participate in the PEI **Honour Choir** consisting of 135 students from 20 schools from across the island. Last Thursday, these students spent the day in Charlottetown rehearsing with the choir for their upcoming concert at Park Royal Church on **March 8th**. They are: Rachel VandenBroek, Tarnjit Singh, Lilla Garnhum, Mitchell Sharkey, Jenna Sharkey, Dustin Keefe, Jack Aitken and Lydia Cudmore.

also...

**The Recorder Karate Program** will begin in music for students from grade 3 to grade 6. A notice went home last week for students who need to purchase a $5 recorder for the class. Students who participated in the program last year should still have their recorder, but if not they can still be ordered this week from Ms. Campbell.

**Winter Fun Week**

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- **February 10th**: Bingo
- **February 11th**: Pancake Breakfast
- **February 12th**: Pajama Day
- **February 13th**: Crazy Hat
- **February 14th**: **Red and White Day**: on Valentine’s Day, all staff and students will be encouraged to wear red and white.

“Don’t compare your life to others’. You have no idea what their journey is all about”
~ Regina Brett ~
Gymnastics Program - The Kings County Gymnastics Club is offering a “7” week GYMNASICS PROGRAM at Ecole La-Belle-Cloche School in Fortune on Wednesday evenings starting February 12th. The program is offered to girls and boys ages 3-14. The primary goal of the club is to offer the children FUN, FITNESS and FUNDAMENTALS of the sport of gymnastics. The Head Coach is Darlene Grenier, a Level III certified gymnastics coach. Registration is taking place at the Main Street Mall in Souris on Saturday, February 8th from 11:00 a.m. - 2:00 p.m. Registration fee is $55.00 + $20.00 insurance/registration fee. The ins./reg. fee is a once a year (Sept. 1, 2013 - Aug. 31, 2014) fee. For more information, please feel free to contact Darlene at 687-2221 or 969-8209 or by email at dxgrenier@edu.pe.ca.

No Classes
Feb. 17th – Islander Day
Feb. 28th - Instructional Day

Upcoming Events
Feb. 6 - Math Night for Parents of K-3 students
Feb. 10 – Winter Fun Week Begins, Bingo
Feb. 11 – Pancake Breakfast
Feb. 12 – Pajama Day
Feb. 13 – Crazy Hat/Hair Day
Feb. 14 – Valentine’s Red/White Day
Feb. 17 – Islander Day (NO CLASSES)
Feb. 28 – Instructional Development Day (NO CLASSES)
March 5 – Report Cards Home
March 6 – Parent Teacher Interviews (PM)
March 7 – Parent Teacher Interviews (AM) (NO CLASSES)
March 7 - In School PD Day (PM) (NO CLASSES)
March 8 – Honors Choir
March 17-21 – March Break

School newsletters will be sent home every second Tuesday, one per family with the youngest in each family receiving the copy. We trust that you will find the information in these newsletters helpful to keep you up-to-date with happenings in our School.

“Learning for all in a safe and caring environment”

February

“Learning for all in a safe and caring environment”

No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.

~Nelson Mandela~